



### **Trauma Informed Programming:**

Rigorous support services are essential for women and children navigating challenging life events. Our comprehensive trauma-informed programming includes personalized case management services that offer consistent collaboration, practical guidance, resources and accountability. Additionally, confidential counseling in a supportive environment allows individuals to explore their thoughts and emotions to start a journey toward healing. Beyond immediate support, our commitment extends to aftercare services, promoting sustained wellbeing by providing ongoing assistance, resources, and follow-up to ensure lasting self-sufficiency, growth and recovery.

### **Program Eligibility:**

1. Vehicle and License:
  - You have a working vehicle registered in your name
  - You possess a valid driver's license
2. Age Requirement:
  - You are 18 years of age or older
3. Pregnancy Status:
  - You are not currently pregnant
4. Physical Ability:
  - You are able to walk up and down stairs with ease
  - You can perform weekly chores
5. Family Criteria:
  - You have no more than three children
  - Boys living with you are under the age of 10
6. Verification of Homelessness
  - You can demonstrate the need with a verification of homelessness
7. Employment Status:
  - You are willing and able to seek employment

***Disclaimer: Unique Circumstances Review***

Thank you for considering Catherine's House for transitional housing. Our eligibility criteria are designed to ensure fair and consistent access to our services. If you believe that your circumstances fall outside the specified program eligibility criteria, we encourage you to provide detailed information about your situation during the application process. Our dedicated intake team will carefully review each case on an individual basis.

**Contact Us:**

If you meet our criteria and think you might be eligible for our program, our intake team has a dedicated referral line to assist you. We want to quickly determine your eligibility and give you immediate access to our referral line. By calling 704-825-9599 and asking for the dedicated line you can start our intake process. We strive to contact you in 1 to 3 business days. (In high volume times or holidays our intake team may take longer to get back to you) Our efficient intake process does not require you to call more than once. If you do not have access to a phone or it is unsafe for you to call you may email us at: [contactus@catherineshouseinc.org](mailto:contactus@catherineshouseinc.org).

We appreciate your interest in our comprehensive transitional housing program and understand the urgency that individuals experiencing housing insecurity feel. It is important to note that we do not offer emergency or immediate housing solutions and recommend reaching out to your local emergency housing services or shelters if you need immediate shelter:

Salvation Army Center of Hope Greater Charlotte: 704-348-2560

Salvation Army Center of Hope Gastonia: 704-867-6145

211-Coordinated Entry

Hope United: 704-862-6783

Safe Alliance: 980-771-4673