



## Catherine's House Inc.

Transitional Housing for Women & Children who are Homeless

P.O. Box 1633  
Belmont, NC 28012  
704-825-9599  
[www.catherineshouseinc.org](http://www.catherineshouseinc.org)

News Release | July 19, 2021

# Community leader, Kathy Bolster Gauger, tapped to lead Catherine's House

## Transitional home for women and children welcomes veteran clinical and housing leader to serve the community

**BELMONT – July 19, 2021 – [Catherine's House](#)**, transitional home for women and children serving Gaston, Mecklenburg and surrounding areas, has announced that Kathy Bolster Gauger has joined the non-profit as the new CEO/President.

With more than 20 years of experience serving in leadership roles for non-profits that work with individual wellness and with those facing homelessness, Kathy will continue the mission of Catherine's House to provide safe transitional housing to women and children. Kathy joins Catherine's House from CriSyS (Mobile Crisis) where she served as clinical coordinator, providing clinical oversight and direct clinical service to individuals experiencing a mental health, substance abuse or situational crisis. Other community non-profits Kathy has served include; A Roof Above, Safe Alliance, Charlotte Family Housing, Family Promise, Florence Crittenton Services and the YWCA of the Central Carolinas.

"The Board of Directors is excited to welcome Kathy to the Catherine's House community. Kathy has a passion for leading women to rebuild their lives and creating an environment of support, safety and independence," said Mark Kincer, Chair of the Board of Directors. "We look forward to Kathy reaching out to the community leaders and continuing to build partnerships with other organizations on ways our community can address the growing need for housing and counseling resources that have grown as a result of the pandemic."

Residents at Catherine's House have varying experiences, histories, and needs. During their stay, each woman participates in an individualized four to six month program that includes case management, individual and group counseling, and a focus on emotional wellness. While Catherine's House meets the basic needs of our residents, our greatest impact is empowering women to become self-sufficient so that upon completing the program, the cycle of homelessness ends.

"I'm looking forward to serving the residents of Catherine's House and working with the exceptional staff and volunteers to build awareness of the homeless crisis affecting many women and children today," said Kathy Bolster Gauger. "With a strong foundation from the Sisters of Mercy, our goal is to make an even more impactful difference in the community as we have seen a growing need for housing, counseling and financial education services across the Carolinas."



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Kathy received a Bachelor of Arts degree in Psychology from the University of North Carolina at Wilmington and a Master's Degree in Counseling from the University of North Carolina at Charlotte. Kathy and her husband Keith reside in Charlotte, North Carolina.

### **About Catherine's House**

Catherine's House serves women and children from a multi-county area in North and South Carolina, with the majority of residents from Mecklenburg and Gaston Counties. Catherine's House serves 75-100 women and children annually, and has served over 2,350 women and children since 1992.

### **Contact Information**

#### **Media**

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